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Subject: Sharing Information from The California Department Of Public Health Office Concerning Measles.

Measles Cases Continue to Increase: Ensure Students are Up to Date

Recent [measles cases](#) reported in California and the outbreak in [Texas](#) underscore the critical importance of vaccination against measles, a highly contagious viral disease. The measles-mumps-rubella (MMR) vaccine provides the best protection against this disease and its potentially serious complications. Please make sure that all your students have received the recommended two doses of the MMR vaccine. If there are students that were admitted conditionally with just one MMR dose, now is the perfect time to follow up ([letters for parents are available in multiple languages](#)). These students can get their second MMR vaccine as early as 4 weeks after their first dose. Two MMR vaccines provide 97% protection against measles and its complications. More information is available at shotsforschool.org.

Spring Break Coming Up? Remind Families Traveling Internationally to Get Protection from Measles.

[Recent measles cases in California](#) have been linked to international travel. Whether families are traveling abroad to visit family and friends or explore the world, make sure they are protected with measles, mumps, rubella (MMR) vaccines. [Please spread the word](#) that before international travel:

- Babies 6-11 months of age should receive one dose of MMR vaccine.
- Families should ensure everyone 12 months and older are up to date with 2 doses of MMR vaccine. If they are not up to date, they should get two doses at least 28 days apart.

Parents can request their family's vaccinations records at myvaccinerecord.cdph.ca.gov to verify their MMR status. Families who are underinsured or lack health insurance can access no-or-low cost vaccines through the [Vaccines for Children Program \(for ages 0-18 years\) or the Vaccines for Adult Program \(for ages 19+\) providers](#). For additional assistance, families can also contact their [local health department](#).

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